

# Wild Moves

## Curriculum

**Pre-Ballet:** Introduction for Koalas to learn basic technique and positions. Pre-Ballet includes fun warm-up, a fundamental introduction to ballet, and across the floor.

**Ballet:** Technique class built for your developing child. This class is made to enhance your child's alignment, balance, and reinforce core training.

**Hip Hop:** Fun and dynamic class that ranges from today's modern Hip Hop to Break Dancing.

**Indian Classical Dance:** Rhythmic, dramatic and expressional dance that incorporates postures and hand movements.



## Attire

### Koala, Polar and Brown Bears (GIRLS)

#### **Ballet:**

Solid light pink leotard, pink tights, solid light pink skirts are permitted.

#### SHOES:

- Pink leather ballet shoes

### Grizzly and Black Bears (GIRLS)

#### **Ballet:**

Solid Black Leotard, light pink tights, skirts are permitted.

#### SHOES:

- Pink leather ballet shoes

#### **Hip Hop**

Solid Black Leotard or black jazz pants and plain black top

#### SHOES:

- Jazz: Spilt sole jazz shoes.
- Hip Hop: Sneakers

### Wild Moves (BOYS)

**Pants:** Black Shorts, Sweatpants, Bike Shorts or Men's tights.

**Shirt:** Solid White Tee Shirt or

Wild at Play Tee Shirt

Ballet Shoes- Black Leather

Tap Shoes- Black Tap Shoes

Jazz Shoes- Black Jazz Shoes

Hip Hop: Sneakers

# DANCE

## Class Benefits

Dancing is a great way for children to get and stay in shape. Besides being fun, dancing has many positive health benefits that include: Flexibility, Strength, Endurance, and a Sense of Well Being

## Wild Moves Age Groups

2-3 Years: Koala

4 Years: Polar

5 Years: Brown

6-8 Years: Grizzly

